

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	<p>ENTREE SELECTIONS: Chili Frito Pie Grilled Cheese Sandwich Crispy Chicken Salad Hickory Ham & Cheese Sub</p> <p>SIDES: Yellow Garden Corn Garden Side Salad Fresh Fruit & Garden Bar</p> <p>MILK CHOICE</p>
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2	<p>ENTREE SELECTIONS: Cheesy Stuffed Breadsticks Oven Roasted Turkey Sub Classic Chef Salad</p> <p>SIDES: Tater Tots Baby Carrots Fresh Fruit & Milk Choice</p>
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3	<p>ENTREE SELECTIONS: Soft Tacos American Hero Sub Italian Salad</p> <p>SIDES: Refried Beans Garden Side Salad Fresh Fruit & Milk Choice</p>
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4	<p>ENTREE SELECTIONS: Orange Chicken Bowl Oven Roasted Turkey & Cheese Sub Classic Chef Salad</p> <p>SIDES: Roasted Sesame Carrots Broccoli Florets Fresh Fruit & Milk Choice</p>
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*Menu is subject to change based on availability. Secondary Students offered: Fresh Made Hand Helds & Fresh Baked Pizza. A variety of fruit and vegetable choices available daily. Milk Choices: Fat-Free Flavored and 1% Plain Milk

7	<p>ENTREE SELECTIONS: Cheesy Stuffed Breadsticks Grilled Cheese Sandwich Italian Wrap Classic Chef Salad</p> <p>SIDES: Sweet Potato Fries Garden Side Salad Fresh Fruit & Milk Choice</p>
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8	<p>ENTREE SELECTIONS: Teriyaki Chicken Bowl Chicken Quesadilla Hickory Ham & Cheese Sandwich Crispy Chicken Salad</p> <p>SIDES: Steamed Broccoli Celery Sticks Fresh Fruit & Milk Choice</p>
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9	<p>ENTREE SELECTIONS: Nachos Supreme Classic Chef Salad American Sub</p> <p>SIDES: Refried Beans Garden Side Salad Fresh Fruit & Milk Choice</p>
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10	<p><u>Thanksgiving Feast!</u> Sliced Glazed Ham Dinner Roll Mashed Potatoes & Gravy Roasted Green Beans Fruit Cocktail Salad</p>
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11	<p>No School</p>
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14	<p>ENTREE SELECTIONS: Cheesy Ravioli's with Garlic Knot Breakfast Burger American Sub Classic Chef Salad</p> <p>SIDES: Steamed Broccoli Garden Side Salad Fresh Fruit & Milk Choice</p>
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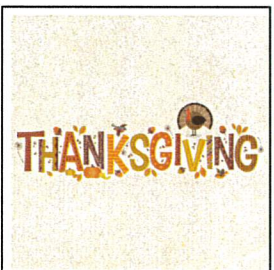
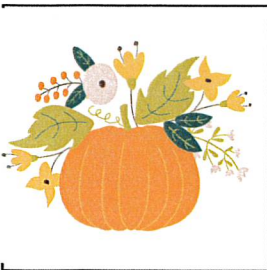
15	<p>ENTREE SELECTIONS: Beefy Enchilada Dip Chicken Quesadilla Hickory Ham & Cheese Sandwich Italian Salad</p> <p>SIDES: Steamed Corn Celery Sticks Fresh Fruit & Milk Choice</p>
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16	<p>ENTREE SELECTIONS: Beefy Mac Corn Dog American Hero Sub Classic Chef Salad</p> <p>SIDES: Roasted Green Beans Baby Carrots Fresh Fruit & Milk Choice</p>
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17	<p>ENTREE SELECTIONS: <u>Breakfast for Lunch</u> Pancakes & Sausage Patty Grilled Cheese Sandwich Crispy Chicken Salad Zesty Italian Wrap</p> <p>SIDES: Smiley Fries Fresh Broccoli Florets Fresh Fruit & Milk Choice</p>
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18	<p>ENTREE SELECTIONS: BBQ Rib Sandwich All American Sub Classic Chef Salad</p> <p>SIDES: Baked Beans Garden Side Salad Fresh Fruit & Milk Choice</p>
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28	<p>ENTREE SELECTIONS: Mac & Cheese Hot Dog American Sub Classic Chef Salad</p> <p>SIDES: Steamed Broccoli Baby Carrots Fresh Fruit & Milk Choice</p>
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29	<p>ENTREE SELECTIONS: Chili Frito Pie Grilled Cheese Sandwich Crispy Chicken Salad Hickory Ham & Cheese Sub</p> <p>SIDES: Yellow Garden Corn Garden Side Salad Fresh Fruit & Garden Bar</p> <p>MILK CHOICE</p>
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30	<p>ENTREE SELECTIONS: Chicken & Waffles Oven Roasted Turkey Sub Classic Chef Salad</p> <p>SIDES: Tater Tots Garden Side Salad Fresh Fruit & Milk Choice</p>
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31	<p>No School</p>
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32	<p>No School</p>
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A Guide to Safety with School Meals in the Wake of COVID-19

As the world continues the long journey back to normalcy after the COVID-19 pandemic, many students are gearing up to start a new academic year faced with new, extraordinary challenges. The start of a school year can cause anxiety for both new and returning students and parents, and recent events have added reasonable concerns about health and

safety in the wake of the global pandemic that altered the way we live, work and learn. Sodexo understands these concerns, and we are committed to protecting the health and safety of everyone who eats in our schools, as well as all members of our foodservice staff.



Download our app for more information about our school lunches.

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ENTREE CHOICES: Cheesy Omelet with Baked Biscuit Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Sausage Biscuit Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES Breakfast on a Stick Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES Crispy Chicken Biscuit Assorted Cereal & Graham Crackers Assorted Toaster Pastry
ENTREE CHOICES Mini French Toast Bites Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Hashbrown Casserole Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Crispy Chicken Biscuit Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Sausage Biscuit Assorted Cereal & Graham Crackers Assorted Toaster Pastry	No School
ENTREE CHOICES: Fluffy Pancakes Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Breakfast Pizza Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Cheesy Omelet with Biscuit Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Mini Cinnamon Rolls Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Sausage Biscuit Assorted Cereal & Graham Crackers Assorted Toaster Pastry
			Happy Thanksgiving	
ENTREE CHOICES: Mini Cinnamon Buns Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Mini French Toast Sticks Assorted Cereal & Graham Crackers Assorted Toaster Pastry	ENTREE CHOICES: Donut Sandwich Assorted Cereal & Graham Crackers Assorted Toaster Pastry		

Fresh Pick Recipe

YUMMIEST POTATO SALAD

- 1 ½ lb Yukon gold potatoes (do not peel)
- 4 Eggs(hardboiled/separated/whites large dice)
- 1 Green bell pepper(medium size/ medium dice)
- 2 Green onions(sliced diagonal)
- 3 T Vinegar(red or white)
- 6 T Salad oil(light)
- Salt and pepper to taste
- 2 T Fresh Parsley(sliced)

1. Prepare ingredients as directed.
2. Boil potatoes in water until tender.
3. Drain potatoes and allow them to cool (may be placed in the refrigerator).
4. In medium bowl add the oil and vinegar.
5. Separate the yolk from the eggs and mash yolk with the oil and vinegar to a smooth consistency.
6. Cut potatoes in large dice and add to yolk mixture. Add green pepper, cooked egg whites, onion, and salt and pepper.
7. Gently fold the ingredients with the yolk mixture. (Note: if too dry-add equal amounts of oil and vinegar to moisten).
8. Garnish with the parsley. Dish can be served at room temperature or cold.

Menu is subject to change based on availability

freshpick
for better health
since 2003



Nutrition Information is available upon request.