



K-12 Menu

FEB

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 ENTREE SELECTIONS: Nachos Supreme Classic Chef Salad American Sub SIDES: Refried Beans Baby Carrots Fruit & Milk Choice	2 ENTREE SELECTIONS: Popcorn Chicken & Dinner Roll Zesty Italian Salad Turkey & Cheese Sandwich SIDES: Black Eyed Peas & Garden Side Salad Fruit & Milk Choice	3 ENTREE SELECTIONS: Orange Chicken Bowl American Sub Classic Chef Salad SIDES: Steamed Broccoli & Baby Carrots Fruit & Milk Choice
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*Menu is subject to change based on availability. Secondary Students offered: Fresh Made Hand Helds & Fresh Baked Pizza. A variety of fruit and vegetable choices available daily. Milk Choices: Fat-Free Flavored and

6 ENTREE SELECTIONS: Beefy Macaroni American Sub Classic Chef Salad SIDES: Steamed Broccoli & Baby Carrots Fruit & Milk Choice	7 ENTREE SELECTIONS: Chicken Enchilada Dip Hickory Ham & Cheese Sandwich Italian Salad SIDES: Refried Beans & Garden Salad Fruit & Milk Choice	8 ENTREE SELECTIONS: <u>Breakfast For Lunch</u> Pancakes & Sausage Patty American Hero Sub Classic Chef Salad SIDES: Smiley Fries & Baby Carrots Fruit & Milk Choice	9 ENTREE SELECTIONS: County Fair Corn Dog Crispy Chicken Salad Zesty Italian Wrap SIDES: Steamed Green Beans & Garden Side Salad Fruit & Milk Choice	10 ENTREE SELECTIONS: Grilled Chicken Fajitas All American Sub Classic Chef Salad SIDES: Steamed Corn & Baby Carrots Fruit & Milk Choice
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13 ENTREE SELECTIONS: Baked Penne Pasta American Sub Classic Chef Salad SIDES: Steamed Green Beans & Baby Carrots Fruit & Milk Choice	14 ENTREE SELECTIONS: Popcorn Chicken Bowl Crispy Chicken Salad Hickory Ham & Cheese Sandwich SIDES: Steamed Corn, Mashed Potatoes & Garden Salad Fruit & Milk Choice	15 ENTREE SELECTIONS: Cheesy Stuffed Breadsticks Zesty Italian Wrap Crispy Chicken Salad SIDES: Black Eyed Peas & Baby Carrots Fruit & Milk Choice	16 ENTREE SELECTIONS: Nachos Supreme All American Sub Italian Salad SIDES: Refried Beans & Fresh Broccoli Florets Fruit & Milk Choice	17 ENTREE SELECTIONS: Sweet & Sour Chicken Bowl Hickory Ham & Cheese Wrap Classic Chef Salad SIDES: Steamed Broccoli & Baby Carrots Fruit & Milk Choice
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20 No School Presidents' Day!	21 ENTREE SELECTIONS: Chili Frito Pie Crispy Chicken Salad Hickory Ham & Cheese Sub SIDES: Steamed Corn & Garden Salad Fruit & Milk Choice	22 ENTREE SELECTIONS: Chicken & Waffles Oven Roasted Turkey & Cheese Sub Classic Chef Salad SIDES: Tater Tots & Baby Carrots Fruit & Milk Choice	23 ENTREE SELECTIONS: Spaghetti & Meatballs American Hero Sub Italian Salad SIDES: Steamed Green Beans & Garden Salad Fruit & Milk Choice	24 ENTREE SELECTIONS: Soft Taco Oven Roasted Turkey & Cheese Sub Classic Chef Salad SIDES: Refried Beans Baby Carrots Fruit & Milk Choice
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27 ENTREE SELECTIONS: Cheesy Stuffed Breadsticks Italian Wrap Classic Chef Salad SIDES: Steamed Green Beans & Baby Carrots Fruit & Milk Choice	28 ENTREE SELECTIONS: Meatball Sub Hickory Ham & Cheese Sandwich Crispy Chicken Salad SIDES: Tater Tots & Garden Salad Fruit & Milk Choice			
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A Guide to Safety with School Meals in the Wake of COVID-19

As the world continues the long journey back to normalcy after the COVID-19 pandemic, many students are gearing up to start a new academic year faced with new, extraordinary challenges. The start of a school year can cause anxiety for both new and returning students and parents, and recent events have added reasonable concerns about health and

safety in the wake of the global pandemic that altered the way we live, work and learn. Sodexo understands these concerns, and we are committed to protecting the health and safety of everyone who eats in our schools, as well as all members of our foodservice staff.



Download our app for more information about our school lunches.

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Crispy Chicken Biscuit	Breakfast on a Stick	Sausage Biscuit
Cinnamon Buns	French Toast Sticks	Donut Sandwich	Sausage Biscuit	Breakfast on a Stick
Blueberry Pancake Bites	Cheesy Omelet w/ Baked Biscuit	Sausage Biscuit	Breakfast on a Stick	Crispy Chicken Biscuit
No School Presidents' Day!	Crispy Chicken Biscuit	Cinnamon Buns	Sausage Biscuit	French Toast Sticks
Maple Pancake Bites	Breakfast Pizza			

Fresh Pick Recipe

PEACH SALAD WITH BASIL VINAIGRETTE

- 4 c Romaine lettuce(1" slices)
- 2 Peaches (medium/seeded/sliced ¼" thickness)
- ½ Cucumber (peeled/sliced thin/ in rounds)
- ¼ c Onion (sliced thin)
- 1/3 c Salad oil(light)
- 1 ½ T Lemon juice
- 2 t Honey
- 2 T Fresh basil(chiffonade)
- Salt and Pepper to taste

1. Prepare ingredients as directed.
2. In medium bowl place lettuce, peaches, cucumber and onion.
3. In small bowl mix oil, lemon juice, honey, basil and salt and pepper.
4. When ready to serve, toss the salad with the dressing.

Menu is subject to change based on availability

Nutrition Information is available upon request.